

HIGHER EDUCATION

The Scanlan Center for School Mental Health is Iowa's hub for school-based mental health research, training, professional development, and clinical services. Our work supports the mental health and well-being of staff, faculty, and students at the University of Iowa and across the state.

What We Do

The Scanlan Center for School Mental Health's **Higher Education Program** promotes university/college faculty and staff mental health and well-being by:

- 01** Providing "Working with Students in Distress" and other workshops focused on **Caring for Self While Caring for Others**
- 02** Consulting with departments and units to design and enhance staff and faculty mental health and well-being
- 03** Conducting proactive research to best equip campuses with actionable best practices
- 04** Collaborating with statewide campus stakeholders to share resources, spark innovation, and develop a higher education mental health/well-being network
- 05** Training graduate and undergraduate students in working as campus mental health and wellbeing professionals

Connect With Us



Contact Barry Schreier, Director of the Higher Education Program, at barry-schreier@uiowa.edu to learn more, schedule a training, or see how we can work together!

Most faculty and staff would welcome "managing student distress" training.



4500+

Staff & Faculty Workshop participants



655

Iowa Best Summit Higher Education program attendees



160,000+

Mental Health at Iowa website visitors



1,153

Community College research study participants

scsmh.education.uiowa.edu

